

# Walkability Checklist

## How walkable is your community?

### Take a walk and decide for yourselves.

Everyone benefits from walking. These benefits include: improved fitness, cleaner air, reduced risks of certain health problems, and a greater sense of community. But walking needs to be safe and easy. Take a walk and use this checklist to decide if your neighborhood is a friendly place to walk. The information you provide will be helpful in creating the La Junta Trails Master Plan. *The City of La Junta will enhance recreational opportunities with a system of connected, multi-use trails and parks that promote health, culture and historical awareness while sustaining riparian habitats.*

### Getting started:

First, you'll need to pick a place to walk, like the route to school, a friend's house or just somewhere fun to go. The second step involves the checklist. Read over the checklist before you go, and as you walk, note the locations of things you would like to change. After you've completed the checklist, return to the Sr. Center (102 E. 2<sup>nd</sup> Street), Municipal Building (601 Colorado Avenue), Southeast Health Group (711 Barnes), OJC (Macdonald Room 110), The Barista (204 Santa Fe), or La Junta High School no later than **February 18, 2015**.

## How walkable is your community?

**Location of walk:** \_\_\_\_\_

1. Were you able to walk safely?

Yes  some problems:

- sidewalks or paths started and stopped
- sidewalks were broken or cracked
- sidewalks were blocked with poles, signs, shrubbery, etc.
- No sidewalks, paths or shoulders
- Too much traffic
- something else \_\_\_\_\_

2. Was it easy to cross streets?

Yes  some problems:

- traffic signals made us wait too long or did not give us enough time to cross
- Needed striped crosswalks or traffic signals
- Parked cars blocked our view of traffic
- Trees or plants blocked our view of traffic

Needed curb ramps or ramps needed repair  
 something else \_\_\_\_\_

3. Did drivers behave well?

Yes  some problems. Drivers ...

backed out of driveways without looking  
 did not yield to people crossing the street  
 turned into people crossing the street  
 Drove too fast  
 something else \_\_\_\_\_

4. Was it easy to follow safety rules? Could you ....

cross at crosswalks or where you could see and be seen by drivers?  yes  no

stop and look left, right and then left again before crossing streets?  yes  no

walk on sidewalks or shoulders facing traffic where there were no sidewalks?  yes  no

Something else \_\_\_\_\_

5. Was your walk pleasant?

yes  Some problems:

need more grass, flowers or trees  
 scary dogs  
 scary people  
 not well lighted  
 dirty, lots of litter or trash  
 dirty air due to automobile exhaust  
 ice/slick/snow  
 something else \_\_\_\_\_

Comments/other things we should be aware of :